

Take Control of Your Schedule Worksheet

Use this worksheet after you have completed “A Record of One Week’s Activities.”

Using that information, fill out this worksheet. It will help you assess your current schedule and what changes can be made to “repossess” your time so it will not only benefit you but also honor God in the best way possible.

Instructions:

1st column: List activities on your schedule that are not beneficial according to Scripture.

2nd column: List activities on your schedule that are beneficial according to Scripture.

3rd column: List biblical activities (i.e., prayer and Bible study) you need to add to your schedule.

4th column: Prioritize the items in 2nd and 3rd columns using biblical principles and list them here.

Unprofitable Activities to Discontinue	Profitable Activities to Continue	Profitable Activities to Add	Prioritized Activities from 2 nd & 3 rd Columns